

## *A research study looking at end of life care*

*Do you have a close friend or relative who has required palliative (end of life) care in the community setting?*

*Are you interested in research which is trying to improve the provision of palliative and end of life care?*

Palliative care focuses on improving symptoms, dignity and quality of life of people living with advancing illness or frailty and their families through early identification and impeccable assessment and treatment throughout the last phase of life and into bereavement.

Researchers at The Cicely Saunders Institute, King's College London and Sussex Community NHS Trust are looking for members of the public to work with them to help develop a new palliative care service for frail older people in the community.

We are looking for people who have experience or interest in palliative care who can provide our research project with a patient and/or carer perspective on how to improve the service.

You do not need any prior experience or understanding of research as training and support will be provided. You just need to be willing to share your thoughts and experience with our team of research staff and other members of the public.

- You will be required to attend meetings every 4-6 months each lasting about 2 hours
- Your role will be to provide a patient and/ or carer perspective to the study
- Meetings are held in West Sussex or Brighton and Hove.
- We will offer you training if required, and will reimburse all reasonable travel costs and an hourly rate in recognition of your time and contribution
- The first meeting is 2-4pm 15<sup>th</sup> March, 2012 Room B31, Kings House, Grand Avenue, Hove, BN3 2LS

**Please contact Katie Stone, the research assistant or Dr Catherine Evans, the project lead, for more information.**

**Telephone: 0207 848 5823/ 5579**

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**You can also find out more about the research we do at [www.csi.kcl.ac.uk](http://www.csi.kcl.ac.uk)**